

Family & Children Services brings our programs into the community, making it easier for children, youth, and adults to access the help they need. This broad reach is possible due to a wide network of partnerships – and the generous support of our donors and volunteers.

We offer services on-site at schools, childcare centers, community centers, courthouses, workplaces, and veterans' facilities throughout Santa Clara and San Mateo counties.



“My family has problems. When I need to talk, my counselor listens.”

– Carlos, 10

“At 18, I’ll emancipate from foster care. I’d be terrified about making it on my own, but I know the staff will be there to help. They won’t let me fall.”

– Isabel, 17

“I’ve learned to be the dad I want to be for my kids.”

– Daniel, 36

Connect with a caring circle of support.



FAMILY &
CHILDREN SERVICES

www.fcservices.org
info@fcservices.org

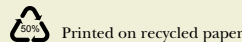
Main Offices
375 Cambridge Avenue
Palo Alto, CA 94306
(650) 326-6576

950 West Julian Street
San Jose, CA 95126
(408) 292-9353



United Way Silicon Valley

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Your circle
of support.SM



FAMILY &
CHILDREN SERVICES

Counseling, caring, and support since 1948.

Since 1948, Family & Children Services has provided counseling, caring, and support to children, youth, and adults in Silicon Valley, particularly to those who might not otherwise be able to afford care.

We help children and adults cope effectively with depression, addiction, and chronic mental or physical illness. We aid families in overcoming domestic violence and child abuse, teaching them how to build safe, healthy relationships. We counsel and assist our community's veterans, LGBTQ youth, and young people ages 16-21 as they emerge from the foster care system into independence.

WHOM WE SERVE

We are here for children, youth, adults, and families.

We offer specialized services for:

- children and adults who are Deaf or Hard-of-Hearing and their families;
- youth emerging from the foster care system;
- youth and adults who identify as gay, lesbian, bisexual, or transgender;
- adults living with both mental illness and addiction; and
- veterans, servicemembers, and their families.

“Because of my counselor, I’m still in school and on track to graduate.”



“We have grown closer as a family.”

We offer effective, innovative, and professional services to assist people coping with a variety of needs and concerns.

MENTAL HEALTH CARE

Our counseling services provide a safe place for children, youth, adults, and families to get help with depression, anxiety, family concerns, and more. Psychiatric care and treatment for mental illness are available. We offer specialized care for children and adults who are Deaf or Hard-of-Hearing, as well as services for veterans, servicemembers, and their families.

SCHOOL SERVICES

We work closely with our school partners to address at-risk behavior, reduce drop-out rates, prevent abuse and neglect, assist students with special needs, and support parents.

YOUTH DEVELOPMENT

Youth transitioning out of foster care and into independence face many challenges to their stability and success. For more than 20 years, we have helped youth manage this critical life change. In our LGBTQ program, we provide specialized support for youth who are lesbian, gay, bisexual, transgender, or questioning.

FAMILY VIOLENCE & ABUSE

We work to end the cycle of violence and abuse by teaching parents and partners new skills and tools for building healthy, safe relationships and homes.

ADDICTION

We help adults recover from drug and alcohol addiction through intensive one-to-one, group, and family support.

You can help us grow our circle of support for children, youth, and adults in Silicon Valley.

DONATE

Your tax-deductible donation will make a difference in the life of a child who has been abused, a youth exiting foster care, or an adult with severe depression.

At least 85 percent of your contribution goes directly into services for clients.

You may give to present needs or help to build a legacy for future generations through our Endowment Fund. Secure online giving and details on ways to give are available at www.fcservices.org.

VOLUNTEER

We welcome your talents, expertise, and gifts of time. Please contact us to discuss current opportunities.

Join us for one of our special events as a guest, a member of the planning committee, or as part of the event day team. Our annual events include the Circle of Support Breakfast and the Charity Golf Classic.

To learn more, please contact our Development Office:

650-326-6576 | info@fcservices.org

www.fcservices.org

375 Cambridge Avenue, Palo Alto, CA 94306

“I never expected to need help. My family and I are grateful.”



HELP US GROW
OUR CIRCLE OF SUPPORT.