

GROWTH AND INNOVATION INCREASE F&CS'S IMPACT

Expansion: Bringing our services to more clients

This year Family & Children Services is expanding our services in four high priority service areas. We look forward to reporting to you on the outcomes of this work and how it helps individuals and families become stronger, safer, and more self-sufficient.



- We are honored to have been selected to be the sole provider of **Independent Living Program (ILP)** services for youth in Santa Clara County who are transitioning from foster care to independent living. We expect to serve 400 to 600 youth between the ages of 16 and 21 over the course of the year. We will be working closely with the County of Santa Clara and a host of partners to establish a larger and deeper network of support for these youth. We will also be reaching out to donors and volunteers who can help us do more to ensure the success of young people.

- During the 2008-2009 year, we increased our **family violence and abuse prevention** efforts. Funding from the **Child Abuse Council of Santa Clara County** enabled us to offer new Nurturing Parenting courses at childcare centers located in poverty zones. We will continue these courses this year, bringing them to new locations convenient to families in need of enhanced support, especially during these stressful economic times. This year, grants from the foundations and organizations (including the Fatherhood Collaborative of San Mateo County and The Altos Foundation), donations from individuals, and expanded contracts with our county partners will allow us to expand our prevention-focused educational programs and outreach.

- We are the primary provider of mental health services for children and adults in Santa Clara County who are **Deaf or Hard-of-Hearing (HOH)** and their families. Our high-quality services provide essential support to individuals struggling with self-esteem, parenting, depression, communication issues, and more. Our free support services for families with a child diagnosed as Deaf of

HOH (funded by FIRST 5 Santa Clara County) continue to grow. This year, we are delighted to add a family program focused on healthy living and positive relationships through the support of the **City of San Jose's Healthy Neighborhoods Venture Fund**.

- In the area of **substance abuse treatment**, we will be increasing our outpatient treatment services, as well as our specialized services for clients with a dual diagnosis of addiction and mental illness. Our staff is known for providing high quality and effective services in Santa Clara County, and we look forward to this opportunity to increase our positive impact on the treatment of addiction. According to *The Journal of the American Medical Association*, 37 percent of individuals who abuse alcohol and 53 percent of those who abuse drugs also have at least one serious mental illness.

Our 2007-2010 Strategic Plan set expansion in each of these high-need areas as a priority.

In one area of service, we are delighted to have stayed about the same in size. We would also like to commend our partner school districts, schools, county departments, and cities for choosing to keep **mental health and family support services for students** a priority during their challenging budgetary processes. For example, through funding from the **City of**



Sunnyvale, we will continue to have a bilingual therapist on-site at the Columbia Neighborhood Center (next door to Columbia Middle School). We are expanding this partnership this year by bringing our Nurturing Parenting curriculum, funded through the **Child Abuse Council of Santa Clara County**, to Sunnyvale!

With your support, we will succeed in securing the donations and resources needed to do more to help children, youth, and adults who are looking for an open door and a greeting of "Yes, we can help."



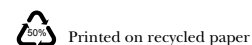
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SUMMER/FALL 2009



HIGHLIGHTS FOR FRIENDS OF FAMILY & CHILDREN SERVICES

Strengthening individuals.
Strengthening families.
Strengthening communities.

GROWTH AND INNOVATION INCREASE F&CS'S IMPACT

What 2009-2010 has in store

We are at the start of an exciting and challenging year. Between July 2009 and June 2010, Family & Children Services will expand significantly in four areas of our services. This expansion will allow us to help at least 800 more individuals increase their strength, safety, and self-sufficiency. To make services convenient, we will add even more service sites to our list of 130.

The prospect is daunting and thrilling—and we know we can do it because of individuals and organizations like you who believe in the work we do every day to strengthen children, youth, adults, and families in our community.

This spring, our Board of Directors and Staff prepared for the possibility of contraction or expansion—while continuing to provide the high quality services our clients rely on, need, and deserve.

We are now delighted to be able to share with you our success in accomplishing our objectives. Our growth will be in areas identified as priority community needs in our Strategic Plan: youth transitioning into adulthood, adults with a dual diagnosis of addiction and mental illness, parents struggling to be the moms and dads they want their children to know, and families with a parent or child who is deaf. These are areas where we have expertise and the need in the community is great. Please see page 2 to learn more about our plans for these services.

We would also like to say THANK YOU to you. Family & Children Services has been a contributing member of our Silicon Valley community for more than 60 years because individuals and organizations have continued to invest and believe in our work throughout



the economic highs and lows. We are indebted to the dedicated fundraising efforts of the volunteers of Valle Monte League, the Circle of Support Committee, our Board of Directors, and our Advisory Board, and to the generous investments of our donors, foundation and corporate contributors, and partners.

Let us show you what you are making possible...

SUMMER/FALL 2009 | 1

CONGRATULATIONS TO THE CIRCLE OF SUPPORT COMMITTEE!

Check inside for more about this remarkable May 7th event. Funds raised are providing essential support for our counseling, case management, and support services for youth.

SAVE THE DATE FOR SOME WHIMSY

On December 1-4, Valle Monte League will present its annual Christmas Tree Elegance event in San Jose. The theme this year is "Winter World of Whimsy." The week features a children's party, fashion shows, and a Grand Ball. Find more details online at www.vallemonte.org. This is the 55th year that the dedicated volunteers of Valle Monte League will raise funds for Family & Children Services!

GOLF WITH FAMILY & CHILDREN SERVICES?

Yes! We are planning our first golf tournament for May 2010. For information, please contact Toni Dreier at 650-326-6576 x 5412 or send an email to info@fcservices.org.

FAMILY & CHILDREN SERVICES

Family & Children Services builds strong, safe, and self-sufficient individuals, families, and communities in Santa Clara and San Mateo counties. Each year our range of services supports more than 7,000 children, youth, and adults in resolving obstacles to their success, stability, and health. Learn more online at www.fcservices.org.



Alice Nuzzo, Board of Directors; Beth Stewart, Event Treasurer; Dugald Stewart; and Stephanie Heavitt, Event Committee, at the Circle of Support Breakfast.

- 1 Family & Children Services is growing!
- 2 Celebrating 60 Years
- 3 Expansion of Services
- 4 Circles of Generosity
- 5 Donor Appreciation



Our mission is to build strong, safe, and self-sufficient individuals, families, and communities.



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60 YEARS AND COUNTING

In 2008, Family & Children Services marked 60 years of service in San Mateo and Santa Clara counties. This March, we celebrated the countless individuals, foundations, corporations, service organizations, city and county departments, and partners who have made possible this longevity and sustainability.

Kris and Rob Forbes served as our sponsors at the Menlo Circus Club for an evening of food, music (coordinated by the San Jose Jazz Society), and appreciation. The talented staff of the David B. and Edward C. Goodstein Foundation produced timeline storyboards that trace the history of Mental Health Service of Santa Clara County, Family Service Association of the Mid-Peninsula, Family Service Mid-Peninsula, Family Service Association of Santa Clara County, and Adult & Child Guidance Center – the ‘parents’ of today’s Family & Children Services.

Guests at the event included representatives from Valle Monte League, which has supported the agency since 1954, and the Circle of Support Committee. Long-time donors mingled with new donors. Past Executive Directors/CEOs Chester Villalba and Jeanne Labozetta also joined the celebration.

The evening ended with remarks about three agency programs: Independent Living Program services for youth 16-21 years old who are transitioning out of foster care; the Military Services Initiative, which includes both direct services and community capacity-building; and services for adults in the criminal justice system with a dual diagnosis of substance abuse addiction and mental illness. Superior Court Judge Stephen Manley spoke about the Mental Health Court and the role our staff plays in reducing the recidivism rates of dual-diagnosis clients.

Thank You to Our Event Supporters

- Steven Carter and CreateMusic
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- Sereno Group Real Estate

BUILDING A LEGACY

As we grow our endowment, we help to ensure that services will be available for future generations of children and families. If you would like to receive information on ways to make a planned gift to Family & Children Services, please contact Toni Dreier, Director of Donor Relations, at 650-326-6576 x 5412 or tdreier@fcservices.org.

CIRCLES OF GENEROSITY

We are privileged to count as partners in our work individuals, foundations, organizations, and companies who care deeply about our community and the strength and safety of its members.

We Celebrate...

Valle Monte League produced a sumptuous and successful Christmas Tree Elegance event in December. Chaired by current President Heidi Bonneau, the ladies of Valle Monte League continue to surpass themselves each year. Dates for the 2009 event are available online: www.vallemonte.org.

This spring, Valle Monte League launched two first-time fundraising events to increase donations for their beneficiaries, including Family & Children Services. In May, Bloomingdale’s at Stanford Shopping Center generously hosted a benefit shopping day dedicated to Valle Monte League. In June, Valle Monte League came in first place in (toy) duck adoptions for the Silicon Valley Duck Race.

This May, the **Circle of Support Committee**, led by event chair Susan Friedman, presented its 6th annual breakfast event. Honoree Laura Arrillaga-Andreessen, founder of Silicon Valley Social Venture Fund (SV2), spoke movingly about her memories of her mother’s involvement with Family & Children Services and the way her parents taught her about the gift of philanthropy. The event featured keynote speaker Paola Gianturco, renowned photojournalist and author of *Women Who Light the Dark*. Ms. Gianturco shared stories of women around the world who are creating solutions to problems in their communities. Volunteer auctioneer Bill Friedman led a fund-a-need auction that raised essential funds to benefit our services for youth. Thank you to our generous guests! Watch for details about the May 2010 event.



Jim Welsh, CEO; Susan Friedman, Event Chair; and Laura Arrillaga-Andreessen, Honoree, at the Circle of Support Breakfast.



Family & Children Services held its first Chocolate & Wine event in October.



Lucky guests won beautiful trees like these at Christmas Tree Elegance.

JOIN THE CIRCLE!

Do you enjoy event planning? The Circle of Support Committee is beginning planning for the 7th annual event in 2010. For information about volunteering on the committee, please contact Maryanne McGlothlin, Senior Director of Development, at 650-326-6576 x 5423 or info@fcservices.org.

In the fall of 2008, **National Charity League, Mid-Peninsula Prospective Chapter** selected Family & Children Services as one of its charities. Since that time, mothers and daughters (patronesses and ticktocks) have assisted with special events, prepared Valentine’s Day gifts of toiletries for low-income clients, and used their artistic talents to create souvenir bookmarks. We are very excited about this new collaboration.

If you visit our Palo Alto or San Jose offices, ask to see our conference rooms. We have just completed a significant (and long overdue) upgrade of our group meeting space. The project was made possible through a grant from the **Sovereign Order of St. John of Jerusalem Knights Hospitaller, Saint Joseph Commandery**. With the pro bono assistance of **Cisco Systems** and **Turner & Townsend**, the grant was leveraged to double its value in donated equipment and services. Earlier in the year, **Rebuilding Together of Silicon Valley** provided some needed repair to the playground and front door of our San Jose office.

Challenge grant success! Thank you to all of our donors who responded to our call for increased or renewed gifts. With your help, we met the \$50,000 Challenge Grant offered to us by the **Sobrato Family Foundation**.

DONOR APPRECIATION

We are proud to acknowledge donors who invested in our mission between October 1, 2008, and June 30, 2009, at the \$500 level and above or through memorial, honorarium, and in-kind gifts. We regret the omission or incorrect listing of any names, and we thank all of our donors - providing gifts of all sizes - for being part of our work. Please let us know of any errors, so we may correct them for the future: 650-326-6576 x 5412, tdreier@fcservices.org.

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