

Agency at a Glance

Strengthening children, youth, & adults
in Silicon Valley



FAMILY &
CHILDREN SERVICES

OVERVIEW

Mission: To build strong, safe, and self-sufficient individuals, families, and communities.

Longevity: Established in 1948.

Service Area: Santa Clara and San Mateo counties.

Locations: Agency facilities in San Jose and Palo Alto; More than 100 community-based sites, including schools, childcare centers, health clinics, community centers, and workplaces.

Population: More than 7,000 children, youth, and adults served annually.

Approach: Services are culturally- and linguistically-appropriate and provided in multiple languages, including American Sign Language, to meet the diverse needs of our community. We are committed to offering services that are financially, geographically, culturally, and linguistically accessible. When appropriate, we serve the whole family and provide services within the context of the family.

Partners: Include the County of Santa Clara, the County of San Mateo, Valle Monte League, United Way Silicon Valley, the City of San Jose, the City of Sunnyvale, FIRST 5 Santa Clara County, Armed Forces Emergency Services (AFES), San Jose Veterans Center, the Billy DeFrank LGBT Center, Community Solutions, Services for Brain Injury, public and private schools, childcare centers, area employers, and many more.

AGENCY LOCATIONS & CONTACT INFORMATION

Palo Alto: 375 Cambridge Avenue, Palo Alto, CA 94306; 650-326-6576

San José: 950 West Julian Street, San José, CA 95126; 408-292-9353 *primary # for all San Jose sites*
Sobrato House Youth Center, 1st Floor, 496 3rd Street, San Jose, CA 95112
2226 North First Street, San Jose, CA 95131

Online: www.fcservices.org, info@fcservices.org

Videophone: 408-899-5207

AGENCY LEADERSHIP

James J. Welsh, MSW, *President & CEO*
Julie Daul, LCSW, *Director of Program Services*
Howard Lagoze, *Director of Operations*
Maryanne McGlothlin, *Director of Development*

BOARD OF DIRECTORS, OFFICERS

Jim Ochsner, *Chair*
Thomas Ream, *Treasurer*
Robert Wiercinski, *Secretary*

PROGRAMS & SERVICES

Counseling & Mental Health Services

	Individual and group therapy for individuals, couples, and families. Private pay, insurance, and Medi-Cal accepted. Our specialty services include:
Court-Based Services:	Dual diagnosis (substance abuse and mental health) treatment, medication monitoring, and case management for individuals in the court system.
Deaf & Hard of Hearing Services:	Counseling, parenting education, and family programming for adults and children who are Deaf or Hard of Hearing and their families.
EAP - Employee Assistance Program:	Management and staff training, conflict mediation, on-site trauma response, and employee mental health benefit program for workplaces.
Gay, Lesbian, Bisexual, Transgender, & Ally Services:	Mental health services for youth and adults who identify as Lesbian, Gay, Bisexual, Transgender, or Questioning (LGBTQ). Includes counseling for individuals, couples, and families, group therapy, psychiatric evaluation, and medication monitoring. Specialized services for youth 16-25 years old.
Military Services:	Counseling services (TriWest accepted) for active service members, retirees, and their families. Active in collaborative efforts to enhance local services.
Psychiatric Services:	Psychiatric evaluation and medication monitoring for children, youth, and adults with serious mental illness.
South East Asian Program:	Culturally-sensitive, language appropriate mental health and case management services for adults from Vietnam and Cambodia. (Santa Clara County)

Family Violence & Abuse Prevention Services

Positive Solutions Program:	Parenting education (16-week Parenting Without Violence; Nurturing Parenting), court-mandated courses for domestic violence and child abuse offenders (52-week groups), anger management and accountability (16-week group), parenting support groups, and community outreach and education. In English and Spanish.
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School-Based Services

Families and Schools Together (FAST):	A national program that is school-based and family-focused, designed to increase the self-esteem and improve the school performance of at-risk elementary and middle school children by supporting the natural strength of the family unit.
School-Based Counseling Services:	In partnership with schools, on-campus mental health, staff training, violence prevention, and family support services. Therapists also work with children and youth with severe mental illness or emotional disturbances in special classes.
Services to Child Care Centers:	Award-winning Early Childhood Services program provides children with mental health care and assessments and parents and early childhood professionals with training and education. Includes the prevention of child abuse and neglect.

Youth Development Services

Independent Living Program:	Life skills education and intensive case management and support services to assist Santa Clara County youth ages 16-21 in transitioning successfully from foster care into independent living.
Housing:	Pre-transitional housing, with intensive education and support services, for former foster youth 18-21 years old.
Counseling Services:	Specialized counseling services for youth who have emancipated from foster care.

Substance Abuse Services

Outpatient Treatment:	For adults. Part of the County of Santa Clara Department of Alcohol and Drug Services' Continuum of Care.
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