

**Overview**

For more than 60 years, Family & Children Services has been on a mission: to build strong, safe, and self-sufficient individuals, families, and communities.

We strive to serve the diverse health and human services needs of children, teens, adults, and families in San Mateo and Santa Clara counties. We also provide support and education, so our clients can flourish in their homes and communities.

Each year, we serve more than 8,000 members of our community through:

- ◆ Mental health and psychiatric care
- ◆ Life skills preparation
- ◆ Substance abuse treatment
- ◆ Domestic violence intervention
- ◆ Family counseling
- ◆ Financial literacy and family loan services

We bring services into our communities. Our licensed, professional, and multilingual staff meets with clients in more than 100 locations.

Through education and intervention, we strive to prevent problems from developing. When help is needed, we respond immediately.



“I live a full life. The depression is gone.”

Email [info@fcservices.org](mailto:info@fcservices.org) to request information.

**Hallmarks of Our Services**

Our programs and services are:

*Accessible*

We believe in making access to care as easy as possible. We bring our multilingual services to more than 100 schools, workplaces, childcare centers, and community locations. Your financial support lets us set fees on a sliding scale, so no one is turned away for lack of funds.

*Comprehensive & Integrated*

Every person has unique needs. Our wide array of services enables us to offer customized treatment, so clients and their families can get help with multiple issues and realize their potential.

*Innovative & Leading-Edge*

Our integrated approach of prevention, intervention, and treatment gets to the root of problems. We work with domestic violence offenders to break the cycle of violence. We counsel young children, so their traumas do not grow with them.



“The skills I learned gave me confidence.”

*Targeted*

We respond to underserved needs among Silicon Valley’s highly diverse communities by providing culturally appropriate and sensitive health and human services. For example, we are the only provider of mental health services to the Deaf and Hard of Hearing community in Santa Clara County.

Visit us on the Web at [www.fcservices.org](http://www.fcservices.org).

**We Need Your Help**

Family & Children Services makes help available to everyone in our community, regardless of their ability to pay. More than 85 percent of our funding goes directly into our programs and services.

**Donate Today**

Your tax-deductible donation can make a difference in the life of a child who has been abused, a youth exiting foster care, or an adult with severe depression.

We also accept gifts of stock and real estate. Donations may be made to our Endowment Fund. Secure online giving is available.

**Volunteer**

Contact us to learn about current opportunities.

**We invite you to become involved with us.**

For more information:

**Call** 650-326-6576

**Visit** [www.fcservices.org](http://www.fcservices.org)

**Write to**

Family & Children Services  
375 Cambridge Avenue  
Palo Alto, CA 94306



“I am a better husband, father, and friend.”

Help us strengthen our community. Donate today.

*“It’s hard at home, so many problems. When I need to talk about school, home, my friends, my nightmares, I talk to the counselor. I feel safe there. She helps me.”*

– Roberto, 10

*“My foster family put me out the day after I turned 18. I know I would be on the street if not for this program. I learned to apply for a job, find an apartment, and follow a budget.”*

– Maya, 19

*“I used to think anger was who I was and I couldn’t change. My therapist helped me to understand that I have choices. That is what I will teach my son, that anger does not control us.”*

– Phillip, 32



**Strengthening individuals.  
Strengthening families.  
Strengthening communities.**



**FAMILY &  
CHILDREN SERVICES**

Palo Alto  
375 Cambridge Avenue  
Palo Alto, CA 94306  
(650) 326-6576

San Jose  
950 West Julian Street  
San Jose, CA 95126  
(408) 292-9353

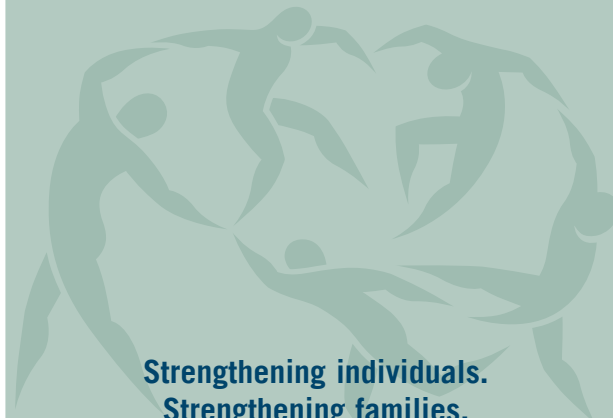
Campbell  
One West Campbell Avenue  
Campbell, CA 95008  
(408) 374-9220

[www.fcservices.org](http://www.fcservices.org)



United Way Silicon Valley

*This brochure was made with the support of the Taproot Foundation.*



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Strengthening families.  
Strengthening communities.**



**FAMILY &  
CHILDREN SERVICES**

60 years of experience  
helping children, adults, and  
families reach their potential