

RESOURCE GUIDE

Family & Children Services Independent Living Program

This guide is available to ILP participants, with the goal of connecting youth with resources that are available to community members low-cost or free of charge.



Resource Guide
2004-2005

www.fcservices.org



Dedication

The Independent Living Program and
Family & Children Services
extend our sincere appreciation to

Mrs. Connie Lurie

Her generous donation made it possible
to develop this resource guide.

Thank You





Independent Living Program
Resource Guide
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THE RESOURCES AND CONTACTS LISTED IN THIS GUIDE ARE NOT ENDORSED OR SUPPORTED BY FAMILY & CHILDREN SERVICES OR THE INDEPENDENT LIVING PROGRAM. THESE NUMBERS ARE TO BE USED AS A RESOURCE. USE YOUR PUBLIC TELEPHONE BOOK FOR PHONE NUMBERS OF OTHER BUSINESSES.

Emergency Hotlines

Emergency

Any Emergency 911
Non-Emergency 311

San Jose Police
(408) 277-8911

Poison Control

(800) 876-4766 Regional
(800) 662-9886 Center

Crisis

Suicide & Crisis
(408) 683-2482
(408) 279-3312

Domestic Violence

Next Door Solutions for Domestic Violence
(408) 279-2962

Rape Crisis

YWCA, Santa Clara Valley
(408) 287-3000

Sexual Abuse

Giaretto Institute
(408) 453-7616

Alcohol/ Drug Abuse

Alcoholics Anonymous
(408) 374-8511
Narcotics Anonymous
(408) 998-4200

Contact Cares

24-7 Lines for youth
1-888-247-7717

Important Numbers

ILP Agencies of Santa Clara County

Bill Wilson Center (408) 243-0222
Community Solutions (408) 776-6200
Family & Children Services (408) 374-9220
Social Advocates for Youth (408) 956-8034
Unity Care Group (408) 971-9822

Santa Clara County ILP

(408) 975-5814

Santa Clara County Social Services

(408) 975-5500

Children Protective Services

(408) 299-4271

Emergency Housing Consortium

(408) 294-2100

MediCal Service Center

(408) 271-2000
(800) 952-5253

Healthy Families

(888) 244-5222

VTA

(408) 882-0442

Taxi Service

Yellow Cab (408) 293-1234
West Valley Cab (408) 773-2700
(800) 868-2006

Phone Company

AT & T (800) 222-0300

PG& E

(800) 743-5000

Cable

Comcast (800) 266-2278

Support Services for Foster Care Youth



Business Name	Contact Information	Services and Fees
Child Advocates 509 Valley Way, Bldg 2 Milpitas, CA 95035	(408) 416-0400 1-800-342-7480 Website: http://www.cadvocates.org	➤ Court Appointed Special Advocates (CASA)
Education Mentor Program 538 Valley Way Milpitas, CA 95035	(408) 956-8036 Website: http://www.sayscc.org	➤ Program offers educational mentors to support youth achieve educational goals
Office of Ombudsman	(408) 729-2313	➤ Office is available to help youth with difficulties with in the child welfare system.
CYC California Youth Connection	Website: http://www.cal youthconn.org	➤ CYC is for current and former foster care youth who work on improving foster care and making policy changes.
The National Network for Foster Children and Foster Youth	Website: http://www.fyi3.com	➤ Information on resources, rights, services and more
Foster Club	Website: http://www.fosterclub.com	➤ Support site for youth in care of all ages
National Center for Youth Law	(510) 835-8098 Website: http://www.youthlaw.org	➤ Offers legal resources to children and their families

Neline	1-800-999-9999	➤ Assisting youth in crisis
California Youth Crisis Line	1-800-448-4663	➤ 24 hour counseling services. Regarding medical services, shelter, crisis centers & transportation information.
National Runaway Switchboard	1-800-621-4000	➤ 24 assistance for runaway youth



EMPLOYMENT

I need to find a job, where do I start my job search? Is there a place where I can learn a trade, job skills or employment training? How much does it cost?

Business Name	Contact Information	Services and Fees
<p>California- State Employment Development (EDD) 2450 South Bascom Ave. Campbell, CA 95011</p> <p>M-F: 8:00am-5:00pm</p>	<p>(408) 369-3604</p>	<ul style="list-style-type: none"> ➤ Applicant must bring right to work in the United States documents ➤ Job search assistance ➤ Computer available to use for job search ➤ Workforce Investment training and re-training ➤ Office supplies available to assist in photocopying and faxing résumé ➤ Services are free of charge
<p>CONNECT! (EDD) 420 South Pastoria Ave. Sunnyvale, CA 94086</p> <p>Connect center hours MWF: 8:00am-5:00pm T TH: 8:00am-7:00pm</p>	<p>(408) 774-2365</p>	<ul style="list-style-type: none"> ➤ Applicant must bring right to work in the United States documents ➤ Employability classes ➤ Computer available to use for internet job search ➤ Fax machine available to fax résumé, copy machine available to copy job related material ➤ Pro-match database available for job search ➤ Services are provided free of charge
<p>Evergreen Valley College 3095 Yerba Buena Road San Jose, CA 95135</p>	<p>(408) 274-7900</p>	<ul style="list-style-type: none"> ➤ Employment Services available to Evergreen students and to the community ➤ Job search assistance, résumé, career exploration and more services are available

<p>HOPE Services</p>	<p>(408)282-0885 (408) 283-4947 Ticket to Work Program</p> <p>Website; http://www.hopeservices.org</p>	<ul style="list-style-type: none"> ➤ Employment assistance for job seekers with a disability ➤ Services that are offered: job preparation, assessment, temporary employment, job placement, follow- up support
<p>Kelly Services 509 West Capitol Expwy. San Jose, CA 95136</p>	<p>(408) 267-4900 (408) 265-4198 Fax</p>	<ul style="list-style-type: none"> ➤ Requirement: must register with the office, 18+ to seek employment, turn in a résumé to keep on file ➤ Due to the change in the job market remain in contact with the office to keep you in active standing ➤ Services are free of charge
<p>Kelly Services 2025 Gateway, Suite 156 San Jose, CA 95110 (Airport Parkway)</p>	<p>(408) 261-7000</p>	<ul style="list-style-type: none"> ➤ Requirement: must register with the office, 18+ to seek employment, turn in a résumé to keep on file ➤ Due to the change in the job market remain in contact with the office to keep you in active standing ➤ Services are free of charge
<p>Labor Ready 562 West San Carlos St. San Jose, CA 95126</p>	<p>(408) 266-3120</p>	<ul style="list-style-type: none"> ➤ Must be 18+ ➤ Payment for work is given daily, jobs are based on a daily basis ➤ Applicants must bring ID and social security card ➤ Types of jobs include: construction, industrial, loading and unloading merchandise, other jobs are also available
<p>Las Plumas-Cal Works 1650 Las Plumas Suite A. San Jose, CA 95133</p>	<p>(408) 928-3840</p>	<ul style="list-style-type: none"> ➤ Requirements: Cal Works recipient with dependent child(ren), referral from case worker ➤ Assistance available to assist clients with their job search

<p>MASCA/ Youth Employment Program 2254 Alum Rock Ave. San Jose, CA 95116</p>	<p>(408) 928-5820</p>	<ul style="list-style-type: none"> ➤ Program is offered twice a week for one hour, call for information
<p>Manpower (East Side) 1150- C Murphy Ave. San Jose, CA 95131</p> <p>Manpower (Downtown) 185 Park Ave. San Jose, CA 95113</p>	<p>(408) 453-9100 phone (408) 453-0585 fax</p> <p>(408) 998-4444 phone (408) 998-7089 fax</p>	<ul style="list-style-type: none"> ➤ Requirements for both locations: Right to work documents are needed (ID card, social security card), résumé ➤ Application process may vary from 1½ - 2 hours, process includes orientation, paperwork, quiz, training, and interview ➤ After application process, call once a week to keep your chart active, you will remain on file for one year
<p>NOVA-Youth @ Work 505 West Olive Ave., Suite 550 Sunnyvale, CA 94086</p>	<p>(408) 522-9845</p>	<ul style="list-style-type: none"> ➤ Requirement: applicant must live in Santa Clara, Mountain View, Palo Alto, Milpitas, or Sunnyvale ➤ Employment services are provided: job search, employment skills training, résumé, and interview skills training
<p>Project HIRED 1270 Franklin Mall Santa Clara, CA 95050</p> <p>M 9:30am-5:30pm T 9:30am-7:30pm W-F 9:30am-5:30pm</p>	<p>(408) 557-0880</p> <p>Website: http://www.projecthired.org</p>	<ul style="list-style-type: none"> ➤ Requirements: applicant must have a disability, 18+, applications are available online ➤ Services are free of charge ➤ Services available include job search assistance
<p>San Jose City College Career Center 2100 Moorpark Ave San Jose, CA 95128</p>	<p>(408) 298-2181</p>	<ul style="list-style-type: none"> ➤ Employment Services available to San Jose City students and to the community ➤ Job search assistance, résumé, career exploration and more services are available

<p>West Valley College Career Center 1400 Fruitvale Ave. Saratoga, CA 95070</p>	<p>(408) 741-2098</p>	<ul style="list-style-type: none"> ➤ Employment Services available to West Valley students and to the community ➤ Job search assistance, résumé, career exploration and more services are available
<p>YWCA 375 South 3rd St. San Jose, CA 95122</p>	<p>(408) 295-4011, ext. 324</p>	<ul style="list-style-type: none"> ➤ Employment Services: Job search assistance, résumé, career exploration and more services are available
<p>One Stop Center (San Jose) 1775 Story Road, Suite 120 San Jose, CA 95122</p> <p>One Stop Center (Campbell) 2450 S. Bascom Ave San Jose, CA 95008</p> <p>One Stop Center (Gilroy) 7800 Arroyo Circle, Suite A Gilroy, CA 95020</p>	<p>For youth ages 16-18 (408) 928-1382</p> <p>For youth ages 19-21 (408) 928-1383</p> <p>For youth ages 16-18 (408) 369-3672</p> <p>For youth ages 19-21 (408) 559-5548</p> <p>For youth ages 16-18 (408) 842-4973</p> <p>For youth ages 19-21 (408) 842-4972</p>	<ul style="list-style-type: none"> ➤ Services for youth ages 16-18 and 19-21 ➤ Services for youth ages 16-18 include, pre-employment skills, job search assistance, help with college applications, and financial aid applications ➤ Services for 19-21 years olds include: education assistance with high school diploma and GED, Computer training, financial literacy, career development, resume and job placement ➤ Requirements: must be U.S Citizen or permanent resident, and meet income guidelines

EDUCATION

I am interested in going to college what college should I attend? What should I major in? Who can help me, choose a major? How much does college cost? How can I pay for my education? Do I have to fill out my FAFSA (Financial Aid forms)?



Resource Type	Contact Information	Services and Fees
Financial Aid		
Financial Aid (FAFSA)	Website: http://www.fafsa.ed.gov	<ul style="list-style-type: none"> ➤ Through this website students can learn about financial aid ➤ File online ➤ Check the status of their financial aid
Cal Grant	Website: http://www.calgrants.org	<ul style="list-style-type: none"> ➤ Cal grants are available to college students ➤ Grants do not have to be re-paid ➤ Eligible students can receive up to \$9,700 per year, visit the website to learn more about Cal Grants
California Chafee Grant	(888)224-7268, ext. 3 Website: http://www.chafee.csac.ca.gov	<ul style="list-style-type: none"> ➤ Available to current and former foster care youth ➤ This is a grant that doesn't need to be repaid ➤ Eligible students may receive up to \$5,000 per year, to attend college
I can afford college.com	Website: http://www.icanaffordcollege.com	<ul style="list-style-type: none"> ➤ Financial Aid Informational website

Scholarships	(Foster youth ONLY)	
Hildegard Lash Merit Scholarship	Website: http://www.orphan.org/programs/hildegard.html	<ul style="list-style-type: none"> ➤ Available to current and former foster care youth ➤ Application is available on-line, view requirements ➤ The award is \$5,000 per academic year
Guardian Scholars Program at Cal State Fullerton	Website: http://www.fullerton.edu/guardianscholars	<ul style="list-style-type: none"> ➤ This scholarship is available to students attending Cal State Fullerton
Page and Eloise Smith Scholastic Society	Website: http://www.alumni.ucsc.edu	<ul style="list-style-type: none"> ➤ PESSS offers scholarships, mentoring, and outreach to former foster care youth, particular attention to those attending UC Santa Cruz
Students Rising Above	Website: http://www.kron.com	<ul style="list-style-type: none"> ➤ This program is formerly known as “Beating the Odds” ➤ Available for college students that overcome tremendous obstacles.
Coca-Cola Scholars	Website: http://www.coca-colascholars.org	<ul style="list-style-type: none"> ➤ Awards grants based on merit, and school leadership ➤ Awards available for 4-year college, and 2-year community colleges
Gates Millennium Scholarships	Website: http://www.gmsp.org	<ul style="list-style-type: none"> ➤ Founded by a grant from Bill and Melinda Gates ➤ Eligibility for the Pell grant is necessary
Hispanic College Fund	Website: http://www.hispanicfund.org	<ul style="list-style-type: none"> ➤ Scholarships available for students with a Hispanic/ Mexican

Hispanic College Fund (Continued)		<ul style="list-style-type: none"> American background Scholarships are merit and need based
Hispanic Scholarship fund	Website: http://www.hsf.net	<ul style="list-style-type: none"> Scholarships available for students of various educational background Must be a US citizen or legal resident and of Hispanic heritage.
Jackie Robinson Foundation	Website: http://www.jackierobinson.org	<ul style="list-style-type: none"> Provides four year college scholarship of up to \$6,000 annually Applicants attend a college of their choice
Patsy Takemoto Mink Education Foundation	Website: http://www.ptmfoundation.net	<ul style="list-style-type: none"> Provides educational support to women based on financial need
College Info		
California Colleges.edu	Website: http://www.californiacolleges.edu	
The California State University	Website: http://www.calstate.edu	
University of California System	Website: http://www.ucop.edu	
California Community Colleges	Website: http://www.cccco.edu/	
Local College Websites	<p><u>2-year Community Colleges:</u></p> <p>De Anza http://www.deanza.edu</p> <p>Evergreen http://www.evc.edu</p> <p>Foothill http://www.foothill.fhda.edu</p>	

Local College Websites
(Continued)

Mission College
<http://www.missioncollege.org>

Ohlone College
<http://www.ohlone.cc.ca.us>

San Jose City
<http://www.sjcc.edu>

West Valley College
<http://www.westvalley.edu>

4-year Colleges:

CSU Hayward
<http://www.csuhayward.edu>

San Jose State
<http://www.sjsu.edu>

San Francisco State
<http://www.sfsu.edu>

UC Berkeley
<http://www.berkeley.edu>

UC San Francisco
<http://www.ucsf.edu>

UC Santa Cruz
<http://www.ucsc.edu>

Private Universities:

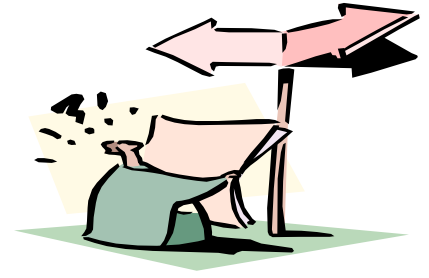
Santa Clara
<http://www.scu.edu>

Stanford
<http://www.stanford.edu>

University of San Francisco
www.usfca.edu

VOCATIONAL TRAINING

College isn't for me, but I want to have a career. What should I do? What can I learn in a vocational school? How much does vocational school cost? Do they accept financial aid?



Program, Service or Organization	Contact Information	Services and Resources
<p>Apprenticeship Program State of California Dept. of Industrial Relations 100 Paseo de San Antonio, #125 San Jose, CA 95113</p> <p><i>(Monterey, San Benito, San Mateo, Santa Clara, and Santa Cruz Counties)</i></p>	<p>(408) 277-1273</p> <p>Website: http://www.dir.ca.gov</p>	<ul style="list-style-type: none"> ➤ High school diploma or equivalent is preferred ➤ An apprenticeship is a supervised paid training that varies from 1 year- 6 years depending on the trade, some trades may require classroom instruction ➤ Types of trades: engineer, meat cutter, carpenter, electrician, drywall, machinist, plumber, and painter (many more)
<p>California Conservation Corps 1534 Berger Drive San Jose, CA 95112</p> <p>M-F 8:00am-4:30pm</p>	<p>(408) 287-9919 ext. 13 (800) 952-5627</p> <p>Website: http://www.ccc.ca.gov/</p>	<ul style="list-style-type: none"> ➤ For student 18+ ➤ Core academics combined with life skills workshops ➤ CPR/ First Aid training ➤ Career and College Counseling ➤ Eco-Pass for public transportation
<p>Career Closet 1375 Blossom Hill Rd. Suite 6 San Jose, CA 95118</p> <p>M-F 9:00am-5:00pm</p>	<p>(408) 448-3215</p> <p>Website: http://www.careercloset.org</p>	<ul style="list-style-type: none"> ➤ Work clothes available for applicants that have a referral from a contracted job training center
<p>Goodwill Industries 1080 North 7th Street San Jose, CA 95112</p>	<p>(408) 998-5774</p>	<ul style="list-style-type: none"> ➤ Job Placement Services: job search preparation, job search, interview skills ➤ Vocational Training: Accounting, Business and Office, Administrative Assistant, Office Assistant, Data Entry

<p>Job Corps 3485 East Hills Drive San Jose, CA 95127</p>	<p>(800) 270-5627 (408) 937-3274</p> <p>Website: http://jobcorps.doleta.gov</p>	<ul style="list-style-type: none"> ➤ No-cost education and vocational training, for young people age 16- 24 ➤ Students can earn high school diploma, GED and receive training for a career, high school graduates welcome ➤ Careers available vary from each campus, call an admissions counselor for program availability ➤ Residential and non-residential components available
<p>Metro Ed Community Interest Program 760 Hillsdale Ave San Jose, CA 95136</p>	<p>(408) 947-2304</p> <p>Website: http://www.metroed.net</p>	<ul style="list-style-type: none"> ➤ Prepares students to work in Santa Clara County ➤ Classes are free or low cost ➤ Job skill instruction: computers, business, dental, automotive, medical, construction and more ➤ GED courses and more call for more information
<p>Pre-Apprentice Local 405 District Office 5 485 Woodview Drive Morgan Hill, CA 95037-2800</p>	<p>(408) 778-1552</p>	<ul style="list-style-type: none"> ➤ Apprenticeship program ➤ Applicant must be 18+ ➤ 4 year program to learn trade ➤ Non-paid: join local union, work with the union and attend classes ➤ Call for more information
<p>TransAccess <i>(formerly DPI, Inc.)</i> 1590 The Alameda, Ste. 110 San Jose, CA 95126</p>	<p>(408) 278-2000 (408) 278-2010</p> <p>Website: http://www.transaccess.org</p>	<ul style="list-style-type: none"> ➤ Prepare people with disabilities for competitive employment ➤ There is no cost to enroll in School-To-Career Program ➤ Assessment, training and evaluation of employment skills
<p>Center for Employment (CET) 701 Vine Street San Jose, CA</p>	<p>(408) 287-7924 (408) 829-8581</p>	<ul style="list-style-type: none"> ➤ Job training available: Medical Assistant, Medical Administrative Assistant, Computerized Technician,

<p>Center for Employment (CET) (Continued)</p>	<p>Website: http://www.cetweb.org</p>	<p>Accounting, Child Care Teacher, Culinary Arts, Building trades (electrical, plumbing, carpentry), automotive</p> <ul style="list-style-type: none"> ➤ Financial Aid is available ➤ Cost for training is based on verifiable income
<p>Santa Clara County ROP-North 575 West Fremont Ave. Sunnyvale, CA 94087</p>	<p>(408) 733-0881</p>	<ul style="list-style-type: none"> ➤ Services provided: Career tech, education, and skill training ➤ Students can be adults, out-of-school youth, high school ➤ Cost: no cost, but some programs require uniforms, books, or other expenses, call for further information



HOUSING ASSISTANCE

I need to find housing, where do I start my search? What are my housing options (rent a room, apartments, house, THP)? Is there a list of low-income housing in San Jose?

Organization	Contact Information	Services
Bay Area Homeless Alliance (BAHA) (Inn Vision, Alpha Omega, EHC, Boccardo Reception)	(800) 774-3583 (800) SHELTER	<ul style="list-style-type: none"> ➤ Referral service available ➤ Use the 800 number to apply ➤ Information that is needed to apply: County/ area of interest, type of housing (family, single, men with children or women with children)
Bill Wilson Center 3490 The Alameda Santa Clara, CA 95050	(408) 243-0222 phone (408) 246-5752 fax Website: http://www.billwilsoncenter.org	<ul style="list-style-type: none"> ➤ Runaway and Homeless shelter, short term housing for youth ➤ Drop- in Center, provides basic necessities such as food, clothing, and personal hygiene items ➤ Transitional housing program for foster care youth, call for program requirements and availability
Emergency Housing Consortium (EHC) 2011 Little Orchard Street San Jose, CA 95125	(408) 294-2100	<ul style="list-style-type: none"> ➤ Housing services are available ➤ Housing assistance ➤ Living centers ➤ Shelters ➤ Call for housing referral
Jeremiah's Promise P.O. Box 1393 Palo Alto CA, 94302	(408) 425-5870 Website: http://www.jeremiahspromise.org	<ul style="list-style-type: none"> ➤ Transitional housing program for foster care youth ➤ Apply online ➤ Referral is needed from ILP, social worker ➤ This program is available for a stay of 18- 24 months

Jeremiah's Promise <i>(Continued)</i>		<ul style="list-style-type: none"> ➤ Call for program requirements, and waiting list information
United Way First Call for Help program	(408) 247-1200 Ask for "First Call for Help" Program (408) 577-1000	<ul style="list-style-type: none"> ➤ Information and referrals are available throughout Santa Clara County
Unity Care Group 237 Race St. San Jose, CA 95126	(408) 971-9822 phone (408) 971-9820 fax Website: http://www.unitycare.org	<ul style="list-style-type: none"> ➤ Transitional Housing Program, available to foster care youth ➤ Application available on-line or from ILP counselor ➤ Referral is needed from case worker, social worker, or ILP counselor ➤ Call for program availability and program requirements
City Team Ministries/ Heritage Home	(408) 294-1238 Website: http://www.cityteam.org	<ul style="list-style-type: none"> ➤ Housing available for women 18+, either pregnant, or with children ➤ Application process includes a pre- screen phone interview, and you will be notified how to apply on the pre- screen interview
Community Solutions	(408) 779-2113 Website: http://www.communitysolutions.org	<ul style="list-style-type: none"> ➤ Transitional housing program for foster care youth ➤ Programs include: housing for pregnant women, parenting adults, with children living with them ➤ This program is available in south Santa Clara County

CHILDCARE



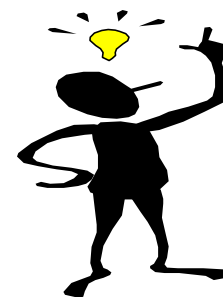
I need to find childcare for my child, who can I call? Is there childcare available in my neighborhood? Is there assistance to help me pay for childcare?

Business Name	Contact Information	Services and Fees
Birthright 2071 #A Alameda Way San Jose, CA 95126	(800) 550-4900 (408) 241-8444	<ul style="list-style-type: none"> ➤ Free & confidential services ➤ Assistance with paternity issues ➤ Referrals and references on parenting or childbirth ➤ Supplies available: maternity & baby clothes, layettes, milk/formula, diapers ➤ Free pregnancy testing
Community Childcare Council of Santa Clara County (4 C's) 111 East Gish Road San Jose, CA 95112 M-F: 8:30am-5:00pm	Childcare referral: (408) 487-0749 North County Referral: (800) 675-6668 Website: http://www.4c.org	<ul style="list-style-type: none"> ➤ Child care resource referral ➤ Parent education & family support ➤ Subsidized childcare program/ alternative payment available, please call for further information
Cal Works Childcare (Same contact info as above)	Cal Works childcare referral: (408) 928-3622	<ul style="list-style-type: none"> ➤ Cal Works childcare resource & referral ➤ TRUSTLINE-assists parents to find qualified child care providers
Community Family Services, Inc. 480 North 1 st Street Suite 210 San Jose, CA 95112	(408) 275-0810	<ul style="list-style-type: none"> ➤ Eligibility is based on state determined income level ➤ Part-time and full-time childcare available ➤ Subsidized childcare ➤ Waiting list available, each income level has a list
Head Start Children Service Dept. 1290 Ridder Park Dr. San Jose, CA 95131 M-F: 8:00am-5:00pm	(408) 453-6943	<ul style="list-style-type: none"> ➤ Federally funded program ➤ Preschool, half day, full day care centers for age 3-4 ➤ Waiting list, call for application process

<p>Parents Helping Parents 3041 Olcott St. Santa Clara, CA 95054</p> <p>M-F: 9:00am-5:00pm</p>	<p>(408) 727-5775</p> <p>Website: http://www.php.com</p>	<ul style="list-style-type: none"> ➤ Assist parents of children that have special needs ➤ Support groups ➤ Resource libraries ➤ Educational training ➤ Information, referrals & directions
<p>YWCA 375 South 3rd Street San Jose, CA 94112</p> <p>Call for hours</p>	<p>(408) 295-4011 M-F: 9:00am-5:00pm</p> <p>(408) 295-4011 ext. 200 After 5:00pm</p>	<ul style="list-style-type: none"> ➤ Childcare available at multiple sites, call for a site available in your area ➤ Childcare available for infants 6 weeks-12 years old year round ➤ Extended day care evenings and weekends

EMERGENCY RESOURCES

What agency can I call if I need assistance with my rental deposit? I couldn't buy groceries this week, where can I go to get emergency food assistance? My electricity will be shut off in 2 days, where can I go to get help to pay the bill?



Business Name	Contact Information	Services and Fees
African American Community Service Agency 304 North 6 th Street San Jose, CA 95112	(408) 292-3157 Website: http://www.sjaacsa.org	<ul style="list-style-type: none"> ➤ Services are available to all community members that qualify, and all ethnic groups ➤ Food baskets available ➤ Clothing available ➤ To qualify ID card is needed and income verification, call for other requirements
Christian Community Church, The Caring Center 1407 Mc Laughlin Ave. San Jose, CA 95122	(408) 279-6393	<ul style="list-style-type: none"> ➤ Provides services only to 95122 zip code ➤ Bag of groceries available ➤ Clothing for those in need
Energy Assistance- LIHEAP	National Contact Number (866) 674-6327 Santa Clara County contact info: Application & Referral (408) 971-2789 Weatherization (408) 971-2560 website: http://www.energynear.org	<ul style="list-style-type: none"> ➤ Referral service for energy assistance ➤ Eligibility is based on need, must have one of the following: child under 6, 60+ (elderly), or disability. In addition, a shut off notice must be received to resident
State HEAP	(866) 675-6623	<ul style="list-style-type: none"> ➤ Call for program availability
Food Connection	(800) 984-3663	<ul style="list-style-type: none"> ➤ Eligibility based on zip code ➤ Can apply over the phone ➤ Food referral agency

<p>Family Harvest, Second Harvest Food Bank of Santa Clara and San Mateo Counties 750 Curtner Avenue San Jose, CA 95125</p>	<p>(800) 984-3663</p> <p>Website: http://www.2ndharvest.net</p>	<ul style="list-style-type: none"> ➤ Eligible applicants must bring a photo ID, head of household information, and information about dependent children, if requested at time of registration ➤ Emergency food assistance ➤ On-going food assistance
<p>First Immanuel Lutheran Church-COME</p> <p>121 San Salvador San Jose, CA 95112</p>	<p>(408) 286-8413</p>	<ul style="list-style-type: none"> ➤ To qualify for food assistance you must live in 95112 zip code, to qualify for clothing assistance applicants can live in any zip code ➤ Monthly food baskets available to families
<p>Loaves and Fish 389 East Santa Clara St. San Jose, CA 95113</p> <p>Saint Mary Goretti 2980 Senter Road San Jose, CA 95111</p> <p>Saint Patrick's 9th and Santa Clara. San Jose, CA 95113</p>	<p>(408) 293-4505</p> <p>Website: http://www.loavesfishes.org</p>	<ul style="list-style-type: none"> ➤ Free hot meals ➤ Each location has different meal times, and types of families served (individual, or families)
<p>Sacred Heart Community Service 1381 South First Street San Jose, CA 95110</p>	<p>(408) 278-2160</p> <p>Website: http://www.shcstheheart.org</p>	<ul style="list-style-type: none"> ➤ Pantry Services (food services) ➤ Clothes Closet ➤ Education services ➤ Call for other programs that are offered
<p>Santa Maria Urban Ministry 778 South Almaden Ave. San Jose, CA 95110</p>	<p>(408) 292-3314</p>	<ul style="list-style-type: none"> ➤ Emergency assistance for food, clothing and small household items ➤ Call in and register, eligibility based on zip code
<p>Saint Vincent de Paul Society, Central County 749 Story Road San Jose, CA 95122</p>	<p>(408) 993-9900</p> <p>Website: http://www.svdp.org</p>	<ul style="list-style-type: none"> ➤ Rental assistance, must have 3 day notice ➤ PG& E assistance, must have a 48 hour shut off notice

<p>Saint Vincent de Paul Society <i>(Continued)</i></p>		<ul style="list-style-type: none"> ➤ Rental deposit, must have a rental agreement or letter of intent to rent ➤ Clothing voucher available once every four months to applicants ➤ Services are provided based on zip code, call for availability
<p>South Hills Community Church 6601 Camden Ave. San Jose, CA 95120</p>	<p>(408) 268-1676</p>	<ul style="list-style-type: none"> ➤ Food baskets available ➤ Homeless services provided ➤ Other services available call for further information

HEALTH CARE

I don't have health insurance or MediCal where do I go when I feel sick? I have insurance or MediCal and I don't know which doctor's office I should go to, who can I call? I am a parent and I need parenting classes where can I take classes?



Service Provider	Contact Information	Programs & Services Offered
<p>Adolescent Counseling Services 4000 Middlefield Road, Ste. FH Palo Alto, CA 94303</p>	<p>(650) 424-0852</p> <p>Website: http://www.acs-teens.org</p>	<ul style="list-style-type: none"> ➤ Services provided: Adolescent Substance abuse treatment, assessment, treatment, aftercare, fees are based on a sliding scale, scholarships available to for families that are needing financial assistance ➤ Latino outreach program- counseling, leadership training, and parenting classes
<p>Almaden Valley Youth Counseling Services 6529 Crown Blvd. #D San Jose, CA 95120</p> <p>M-F: 10:00am-5:00pm (flexible hours for appointments)</p>	<p>(408) 997-0200</p> <p>Website: http://www.avycs.org</p>	<ul style="list-style-type: none"> ➤ Parenting classes, counseling, fees vary ➤ Times for services are flexible, each counselor has a different schedule
<p>Alum Rock Counseling Center 1245 E. Santa Clara St. San Jose, CA 95116</p>	<p>(408) 294-0500</p> <p>24 hour crisis line (408) 294-0579</p> <p>Website: http://www.alumrockcc.org</p>	<ul style="list-style-type: none"> ➤ Adult/ family counseling ➤ Crisis counseling ➤ Parent enrichment program ➤ Substance abuse prevention, education and assessment services

<p>Family & Children Services 950 West Julian St. San Jose, CA 95126</p>	<p>(408) 292-9353</p> <p>Website: http://www.fcservices.org</p>	<ul style="list-style-type: none"> ➤ Affordable counseling, education, prevention and intervention programs ➤ Drug and alcohol abuse programs ➤ Parent education ➤ Mental Health Services ➤ Services in 7 different languages, including American Sign Language
<p>California Children and Families Commission (First 5)</p>	<p>Santa Clara County Administrator (408) 289-5340</p> <p>Website: http://www.cafc.ca.gov</p>	<ul style="list-style-type: none"> ➤ Services provided: promote, support and improve early childhood development, prenatal through age five ➤ School readiness ➤ Health care ➤ Family support ➤ Early care and education ➤ Neighborhood and community support available
<p>Community Pregnancy Center 1450 S. White Road San Jose, CA 95127</p>	<p>(408) 272-5577</p>	<ul style="list-style-type: none"> ➤ Services are free of charge ➤ All ages are served ➤ Peer counseling regarding all relationships ➤ Parental needs: pregnancy clothes and baby clothes are provided ➤ Referral to parenting classes available ➤ Prenatal services are provided in Mountain View
<p>Community Services PO Box 546 Morgan Hill, CA 95038</p>	<p>(408) 842-7138</p> <p>Rape Crisis Line (408) 779-2115</p>	<ul style="list-style-type: none"> ➤ Behavioral healthcare services, counseling for adult, child and family ➤ Prevention & education services, parent education classes/ support ➤ Solutions to violence services ➤ Women's shelter for battered women and their children ➤ Domestic violence services/ Sexual assault services

<p>Denti-Cal</p>	<p>Dental Referral (800) 322-6384</p> <p>Santa Clara County Dental Society (408) 289-1482</p>	<ul style="list-style-type: none"> ➤ Referral services provided
<p>EMQ 251 Llewellyn Ave. Campbell, CA 95008</p>	<p>(408) 379-3790</p> <p>Website: http://www.emq.org</p>	<ul style="list-style-type: none"> ➤ Mental health counseling available to children age 4½-18 ➤ Contact client services for programs that are available, counseling, therapy, residential programs and other programs
<p>Gardner Family Care Corporation 195 East Virginia Street San Jose, CA 95112</p> <p>M-Fri: 8:30am-5:30pm</p>	<p>(408) 998-2264</p>	<ul style="list-style-type: none"> ➤ Full service medical clinic ➤ Dental services ➤ Prenatal—well baby ➤ Counseling
<p>Health Trust Main Office 2085 Hamilton Ave, Ste.150 San Jose, CA 95125</p>	<p>(408) 998-2264</p> <p>Website: http://www.healthtrust.org</p>	<ul style="list-style-type: none"> ➤ Public benefit corporation, services are available to indigent children, frail elderly, vulnerable adults ➤ Health care services are provided ➤ Health related illnesses are treated ➤ Prevention services are provided
<p>Indian Health Center of Santa Clara Valley 1333 Meridian Avenue San Jose, CA 95125</p>	<p>(408) 266-7567</p> <p>Website: http://www.indianhealthsanjose.org</p>	<ul style="list-style-type: none"> ➤ Medical department: offers medicine, prenatal and pediatric care, pregnancy testing available ➤ Dental department: general dentistry available, exams, x-rays, cleanings, screenings and referrals available ➤ Counseling Department: mental health, alcohol and substance abuse, crisis intervention ➤ Community health services: health screenings, prenatal

Indian Health Center of Santa Clara Valley <i>(Continued)</i>		education, free HIV testing, food vouchers available, nutritional counseling (healthy diet)
La Leche League of Greater San Jose 449 South 14 th Street San Jose, CA 95112	(408) 264-0994	<ul style="list-style-type: none"> ➤ Assistance and support for nursing mothers ➤ Lending library (parenting and nutrition, printed material) ➤ Information is available in many languages
MediCal Service Center (San Jose office)	(408) 271-2000 Member Services (800) 952-5253	<ul style="list-style-type: none"> ➤ Call member services to verify if a doctor or clinic accepts MediCal ➤ Patient can call and receive a referral for service or to verify MediCal benefits
Saint James Health Center, Gardner Family Health Network 55 East Julian Street San Jose, CA 95112	(408) 918-2600	<ul style="list-style-type: none"> ➤ MediCal, Medi-care and private insurance are accepted ➤ Family oriented and community based health services are provided ➤ Medical and dental services are available ➤ Family planning, teen health services, annual physical exams, STD testing and treatment, call for other services that are provided
Santa Clara County Public Health Department Women, Infants, and Children (WIC)	(408) 792-5101 Website: http://www.sccphd.org	<ul style="list-style-type: none"> ➤ Requirements: must schedule an appointment, income and address verification, and medical information completed by a medical provider ➤ Eligibility: pregnant, postpartum and breastfeeding women with a medical/nutritional risk, infant or child under 5 with a medical/nutritional risk, low income, resident of Santa Clara County ➤ Nutrition education and

<p>Santa Clara County Public Health Department (Continued)</p>		<p>counseling, supplemental nutritious food, breastfeeding education and support</p>
<p>Santa Clara Valley Health and Hospital System, Department of Mental Health (adult) Services</p>	<p>Downtown Mental Health 1075 E. Santa Clara St. San Jose, CA 95116 (408) 299-6175</p> <p>East Valley Mental 1991 McKee Road San Jose, CA 95116 (408) 926-2900</p> <p>Central Mental 2221 Enborg Lane San Jose, CA 95128 (408) 885-6220</p>	<p>➤ Adult mental health services are provided, call each center for fees of service</p>
<p>California Healthy Families</p> <p>M-F: 8:00am–8:00pm S: 8:00am–5:00pm</p>	<p>1-800-888-5305</p> <p>Website: http://www.healthyfamilies.ca.gov</p>	<p>➤ Low cost insurance for children and teens</p> <p>➤ Program provides health, dental, and vision to children who do not have insurance nor qualify for free MediCal</p>



Additional Resources

Information included here is to assist you with a service that may have not been addressed previously in the guidebook. Enjoy!

Business Name	Contact Information	Services and Fees
Bill Wilson Center 3490 The Alameda Santa Clara, CA 95050	(408) 243-0222 phone (408) 246-5752 fax Website: http://www.billwilsoncenter.org	<ul style="list-style-type: none"> ➤ Family and Individual Counseling Center ➤ School outreach counseling, provided in the Santa Clara Unified School District ➤ Runaway and Homeless shelter, short term housing for youth ➤ Drop-in Center, provides basic necessities such as food, clothing, and personal hygiene items ➤ Other services are provided call for more information
California Youth Outreach (CYO) 2029 Alum Rock Ave. San Jose, CA 95116	(408) 272-7664 Website: http://www.cyoutreach.org	<ul style="list-style-type: none"> ➤ High school based programs, life skills training, diversion programs, gang intervention training are provided ➤ Parenting classes
Cal-Learn Program 645 S. Bascom, 1 st Floor San Jose, CA 95128	(408) 272-6770	<ul style="list-style-type: none"> ➤ Two programs are available: Cal-Learn and Adolescent Family Life Program (AFLP) ➤ Program requirements: under 19, parent, in school (not graduated) ➤ Services provided: cash aid assistance, support, referral and resources available to parenting teens, all services are free of charge
Consulate of Mexico 540 North 1 st Street San Jose, CA 95112	(408) 294-3414	<ul style="list-style-type: none"> ➤ Applications are accepted from 8am—noon ➤ Services provided: assistance with passports

<p>Consulate of Mexico (Continued)</p> <p>M-F: 8:00am-4:00pm</p>		<p>and related documents (Mexico)</p> <ul style="list-style-type: none"> ➤ Visas and tourist information is available
<p>Cross Cultural Community Services Center 2268 A Quimby Road San Jose, CA 95122</p>	<p>(408) 223-6628, ext. 103</p> <p>Website: http://www.ccscusa.org</p>	<ul style="list-style-type: none"> ➤ 12 week program available, teaches Word, Excel, job skills, interview skills ➤ To qualify for this program applicant must be 14-21 years old, and a Santa Clara resident ➤ GED program available (pending Fall 2004 due to budget, call for availability) ➤ bus pass assistance available, call for availability and requirements
<p>Economic and Social Opportunities (ESO) 1445 Oakland Road San Jose, CA 95112</p> <p>M-F: 8:00am-5:00pm</p>	<p>(408) 971-0888</p>	<ul style="list-style-type: none"> ➤ Training and education programs ➤ Weatherization program ➤ Child care network ➤ Parenting Alternatives Using Self Esteem (PAUSE) child abuse prevention program ➤ Substance abuse prevention and services ➤ Citizenship program available
<p>Family Resource Center in Santa Clara County (FRC=Family Resource Center)</p> <p>Asian Pacific FRC 625 F Wool Creek Dr. San Jose, CA 95112</p> <p>Gilroy Family Center 7350 Rosanna Street Gilroy, CA 95020</p> <p>Nuestra Casa FRC 1998 Alum Rock Ave San Jose, CA 95116</p>	<p>(408) 299-1500</p> <p>(408) 846-4400</p> <p>(408) 251-7663</p>	<ul style="list-style-type: none"> ➤ Call for services and program availability ➤ Family violence issues ➤ Drug and alcohol abuse ➤ Parenting classes ➤ Gang prevention/intervention

<p>Ujima 646 N. King Road San Jose, CA 95133</p> <p>Ujirani FRC 1023 E. Brokaw Road San Jose, CA 95131</p>	<p>(408) 928-1700</p> <p>(408) 452-6560</p>	
<p>Santa Clara County Valley Health and Hospital System/ Vital Records 645 S. Bascom Ave. San Jose, CA 95128</p> <p>M-TH: 8:30am-4:30pm F: 8:30am-4:00pm</p>	<p>(408) 885-2010</p>	<ul style="list-style-type: none"> ➤ Services available: copy of birth certificates and death certificates ➤ There is an \$18.00 fee for birth certificate copies, and \$8.00 for death certificates
<p>Social Security Administration 280 S. First Street San Jose, CA 95113</p> <p>770 W Hamilton Ave. Campbell, CA 95008</p>	<p>(408) 292-8900</p> <p>(800) 772-1213 7:00am-7:00pm</p> <p>Website: http://www.ssa.gov</p>	<ul style="list-style-type: none"> ➤ Copies of social security card ➤ Social security insurance benefits (SSI), application center
<p>DMV Department Of Motor Vehicles</p> <p>San Jose Office 111 W. Alma Ave. San Jose, CA 95110</p> <p>Santa Teresa Office 180 Martinvale Lane San Jose, CA 95119</p> <p>Santa Clara Office 3665 Flora Vista Ave. Santa Clara, CA 95051</p>	<p>1-800-777-0133</p> <p>Website: http://www.dmv.ca.gov</p>	<ul style="list-style-type: none"> ➤ Make an appointment online or by phone ➤ Services at DMV include: Identification cards and drivers license