

INDEPENDENT LIVING PROGRAM

Preparing Youth in Santa Clara County for Life After Foster Care!



Family & Children Services' Independent Living Program (ILP) assists youth ages **16-21** as they prepare to emancipate from the foster care system and begin to live independently. We are the sole provider of ILP services for youth living throughout Santa Clara County.

Youth receive assistance in acquiring skills, strategies, and resources to address four essential ingredients to their success: **Education, Employment, Community Support, and Life Skills**. Each year approximately **600 youth** participate. Services are **free** for eligible youth!

We Provide:

Assistance in Developing Skills & Achieving Goals:

- Finding housing
- Finding and keeping a job
- Making important decisions
- Applying for college
- Parenting
- Setting goals
- Safe relationships
- Managing money
- Caring for your health

Access to Resources:

- Help accessing housing, employment, education, healthcare, and other community resources

Mental Health/Counseling Services:

- Individual and group counseling and art therapy workshops
- Psychiatric care, including assessments and medication monitoring

Social Events & Leadership Development Activities:

- Personal enrichment classes, workshops, and special events throughout the year

The HUB

- A community center led by and for current and former foster youth (15-24 years old) in Santa Clara County. Operated in collaboration with the County of Santa Clara Social Services Agency and youth!

You Can Help!

To make a tax-deductible **donation** to support ILP services, please visit www.fcservices.org and click on 'Donate Now.'

We are seeking individuals and companies who are interested in offering **job shadowing** or **workplace tours**, donations of food for workshops and events, and supplies for youth who are in school, seeking work, or starting jobs (e.g., binders, notebooks, backpacks, clothing store gift cards).

For information, please contact our Development Department:
650-543-5423, info@fcservices.org.

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Your circle of support.SM
www.fcservices.org | 650-326-6576

