Photos and Highlights: The 15th Annual Circle of Support Luncheon

Thank you to all who joined us last Friday! Please enjoy these photos and highlights from our 15th Annual Circle of Support Luncheon.

Left-right: Maritza Henry, LMFT, FCS’s Director of School-Based Services; Olana Khan, Board Member and Event Co-Chair; Dr. Tina Payne Bryson, our Featured Speaker; and Lisa Conover, Board Member and Event Co-Chair.

View and Share Photos

Special thanks to Michael Collopy for capturing the day in photos.

In addition to bringing together people with a shared commitment to the health and well-being of our community and raising essential funds for our program services, the Circle of Support Luncheon’s goal is to reduce stigma around behavioral health topics through education and conversation. We were thrilled to welcome special guests who highlighted the importance of understanding how our brains work, building empathy and resilience, and supporting the most vulnerable members of our community.

Tina Payne Bryson, Ph.D., our featured speaker, presented the latest science—with an emphasis on the hope of neuroplasticity and the changing brain—and how these findings relate to our everyday lives.

Using stories, case examples, videos, and humor, Dr. Bryson shared creative examples of how she uses brain science in her own parenting, school, and mental health practice to help children and adolescents build “mindsight” and acquire new tools to develop the empathy and resilience needed to overcome adversity, make brave choices, and build positive peer and family relationships.

We walked away from her energetic and fascinating presentation with a framework for understanding children’s challenging behaviors, along with several specific whole-brain strategies to help young people move from reactivity to resilience.

A Message from Dr. Bryson

Thanks for attending the presentation. I hope you gained new insights and applications for relating to the children you care about. If you’re interested in learning more, or you’d like to receive my newsletter and social-media blasts, please click the link below. (Just so you know, I send out only three or four emails per year, so don’t worry that I’ll bombard you!) Also, remember that you can read articles about kids and parenting at my website, TinaBryson.com

Were you inspired to buy one of Dr. Bryson’s books? We have a limited number of signed bookplates from Dr. Bryson. To request one for your copy, please email development@caminar.org.

Honoring a Decades-Long Commitment to Supporting our Community
Each year, the Circle of Support Luncheon honors an individual or organization that has made a long-term and significant commitment to community issues related to our work and the challenges faced by our clients.

This year we were delighted to recognize the San Francisco 49ers Foundation and 49ers Community Relations for their enduring commitment to youth in our community, especially youth living in high-need communities.

Stacy McCorkle, Director of Community Relations for the 49ers, and Justin Prettyman, Executive Director of the 49ers Foundation, graciously accepted this honor and shared the passion the 49ers organization and the York family have for supporting the needs of our community.

**Building Circles of Support and Strengthening Families**

Our newest video, shown at the Circle of Support Luncheon, highlights one family's journey to better understanding, communicating, and supporting each other in the face of tremendous challenges.
Thank You for Your Generosity

Because of you, vulnerable children and families receive the counseling, prevention, and support services they need. It takes an entire community coming together to provide the programs and resources necessary to address the mental wellness of our youth, and we appreciate your commitment to improving the lives of our most vulnerable neighbors.

THANK YOU to Our Underwriters

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Vivienne and Mo Vrani

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Minnette Diamond
Stephanie Hewitt
Jaynie and William Kind
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