Palo Alto, CA – Dr. Tina Payne Bryson, a leading voice in the world of psychotherapy and brain-based learning, will be the featured speaker at the 15th Annual Circle of Support Luncheon in Menlo Park on April 27. Dr. Bryson will address this year’s theme “Today’s Youth and Their Mental Wellness,” with remarks drawn from her practice and research on nurturing youths’ resilience, empathy and receptivity.

Registration is now open for the Circle of Support Luncheon, which will be hosted at Sharon Heights Golf & Country Club in Menlo Park on Friday, April 27, 2018. The annual luncheon attracts nearly 300 local guests for an informative presentation on a timely topic related to the work of Family & Children Services of Silicon Valley, a division of Caminar, which is celebrating 70 years of serving local youth and families. This year’s event is co-chaired by Olana Khan of Atherton and Lisa Conover of Los Altos.

Dr. Bryson is a leading voice in the world of psychotherapy and brain-based learning. She is the co-author, with Daniel J. Siegel, M.D., of three groundbreaking books: The Whole-Brain Child, No-Drama Discipline, and, just released in January, The Yes Brain: How to Cultivate Courage, Curiosity, and Resilience in Your Child.

Dr. Bryson writes regularly for leading publications and makes frequent appearances in such media as TIME, “Good Morning America,” Huffington Post, and The New York Times. In addition to her writing and speaking, Dr. Bryson is a practicing psychotherapist. Dr. Bryson earned her LCSW and Ph.D. from the University of Southern California, where her research explored attachment science, childrearing theory and the emerging field of interpersonal neurobiology.
Past speakers have included Sam Quinones, author of *Dreamland: The Tale of America’s Opiate Epidemic*; Dr. Marci Bowers, transgender icon; Dr. Robert Sapolsky, MacArthur Genius Fellow; Leslie Morgan Steiner, the first domestic violence survivor to share her story in a TED Talk; and award-winning actor, comedian, author, playwright, television and radio talk show Brian Copeland (*The Waiting Period*; *Not a Genuine Black Man*).

Each year, Family & Children Services of Silicon Valley, a division of the five-county nonprofit organization Caminar, reaches more than 12,000 people living throughout Santa Clara County and southern San Mateo County with counseling, education, and advocacy services, offered at dozens of community locations, including more than 20 K-12 schools. The organization’s youth programs include outpatient individual and family counseling, on-campus mental health services, family support programs, Deaf/Hard-of-Hearing mental health services, and culturally competent services for LGBTQ youth and young adults.

The 15th Annual Circle of Support Luncheon is generously underwritten by individual and corporate supporters, including El Camino Hospital, Hanson Crawford Crum, Boston Private Bank & Trust Company, Carole Middleton, Terri Bullock, Barbara E. Jones, and Olana and Zain Khan.

Registration is complimentary, and space is limited. Guests will have the opportunity to make a gift in support of the organization’s community programs at the event. To register or learn more about the 15th Annual Circle of Support Luncheon, visit [www.fcservices.org/circle-of-support](http://www.fcservices.org/circle-of-support), send email to development@caminar.org, or call 650.513.1509.

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**About Family & Children Services of Silicon Valley / Caminar**

Family & Children Services of Silicon Valley, headquartered in Palo Alto and San Jose, and Caminar, headquartered in San Mateo, merged in January 2017. Together, the organizations have more than 120 combined years of service to people in need.

The organization’s clinical counseling and family support programs serve young people and families who are coping with depression, grief, anxiety, bullying, suicidal feelings, child abuse or neglect, substance use, and the effects of trauma. The renowned LGBTQ Youth Space offers culturally competent programming for local LGBTQ youth and young adults throughout Santa Clara County.

Learn more about the organization at [www.caminar.org](http://www.caminar.org) and [www.fcservices.org](http://www.fcservices.org).

Find event information at [www.fcservices.org/circle-of-support](http://www.fcservices.org/circle-of-support).
Photos

Dr. Bryson’s photo and the Circle of Support logo are available in the Circle of Support Luncheon media center:
https://www.dropbox.com/sh/kt698kt38dvc4wz/AADjyV5l7CtyJJ-0McHaXSZNa?dl=0

Media

To apply for media credentials, please contact:

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