Home at Last, Thanks to Supported Housing

Growing up in government housing, Eddrena learned at a young age to continue moving forward despite adversity. That early lesson has proven invaluable as Eddrena has navigated her life.

A single mom to a daughter who experienced childhood trauma and ongoing depression, Eddrena has also survived a debilitating work injury, unstable housing, physical health concerns, and her own mental health issues.

In one of the most challenging times in her life, Eddrena and her daughter were evicted from their home. Despite Eddrena’s persistent requests for help, they struggled for the next 20 years in housing where they never felt at ease or at home.

When Eddrena’s daughter aged into the adult mental health system, they were connected with Caminar. Discovering how their housing was affecting Eddrena’s and her daughter’s overall health and wellness, Caminar acted quickly to find a solution.

The Supported Housing Program found a spacious, sunny, and tranquil house for Eddrena and her daughter. At last, they had a safe place to call home, heal from past trauma, and move forward in health and wellness.

Now, Eddrena advocates on housing issues, seeking to increase awareness about the intrinsic link between a healthy home and wellness.

You can help Eddrena, and others like her, by investing in Caminar’s mission. Your donation helps to provide life-changing services to individuals and families as they move toward resilience, wellness, and independence.

Donate online at www.caminar.org/donate

Or, contact Harriet Pecot at development@caminar.org or 650.513.1509 to learn more, schedule a tour, or get involved.

Empowering and supporting individuals and families to move toward resilience, wellness, and independence.
An Update from Our CEO

I would like to begin by thanking you for your generosity and engagement in our mission. Thanks to your support, individuals and families faced with crises and complicated chronic illnesses receive compassionate, evidence-based care they need to move toward resilience, wellness, and independence.

I joined Caminar as CEO at the end of January. My training in public policy and public health offers a unique lens on Caminar’s mission and work – a lens that focuses on individual and community health with a strong interest in prevention. I am inspired by the role we play in making our communities places of hope and opportunity for those who face behavioral health challenges. And, I am motivated by the opportunities we have to deepen our impact and, through our understanding and interventions in the dynamics that give rise to behavioral health problems, eventually to prevent behavioral health problems from ever occurring.

We recently published our 2018 Annual Report, which details the life-changing work you make possible. This newsletter shares highlights of the report with you. To view the full report, with more stories of families who have been helped thanks to caring people like you, please go to www.caminar.org/2018, or call 650.513.1509 to request a printed copy.

We will love to hear from you to discuss the work you help make possible and to answer questions about ways to get involved. Please reach out to me or our Development Department at 650.513.1509 or development@caminar.org.

Thank you for walking with us. Because of you, our most vulnerable neighbors have comprehensive support on their path to wellness.

With gratitude,

Mark Cloutier
Chief Executive Officer

2018 IMPACT

20,000 + children, teens, and adults served through our programs of prevention, treatment, and recovery across San Mateo, Santa Clara, Solano, San Francisco, and Butte counties.

4,971 youth and young adult visits to the LGBTQ Youth Space drop-in center’s safe, supportive community.

3,840 adults moved forward in recovery from addiction.

3,543 individuals received residential or outpatient mental health and case management services.

2,339 adults and young adults gained skills to break cycles of family violence and abuse.

1,200 individuals received support in accessing safe and stable housing.

643 local youth, families, and teachers accessed on-campus counseling, consultation, and support.

588 adults with employment barriers obtained competitive employment.
Fiscal Year 2018 Statement of Financials

As a community-based organization, we take seriously the trust placed in us by our donors, funders, volunteers, and clients.

We are dedicated to providing the highest quality services, operating efficiently and effectively, and adhering to the highest standards of fiscal management.

For the July 1, 2017 to June 30, 2018 Fiscal Year

A Year of Expansion

Caminar’s revenue in FY 2018 was $6.9 million greater than in FY 2017. This expansion is the result of growth in our programs and our recent mergers. We are strengthening our capacity agency-wide to support and empower the most marginalized local individuals and families. The planned loss was the result of merger costs.

Find our complete audited financial statements in the About section of our website (www.caminar.org), or request a printed copy by calling 650.513.1509.

“\textit{I want to ensure more individuals and families receive the care and support to regain full lives, lives of wellness.}”

\textit{– Suzan Getchell-Wallace}

\textit{President, Caminar Board of Directors}
Please join us for our

16th Annual Circle of Support Luncheon

Presented by Caminar and our division
Family & Children Services of Silicon Valley

Featuring bestselling author and advocate

David Sheff

(Beautiful Boy: A Father’s Journey Through His Son’s Addiction) and highlighting a family's journey with addiction.

Friday, April 26, 2019

Sharon Heights Golf & Country Club, Menlo Park

11 a.m. to 1 p.m.

Register now at www.caminar.org/events

For questions or registration assistance, please call 650.513.1509.

Thank You to our presenting sponsors of the 16th Annual Circle of Support Luncheon

Carole Middleton

and

El Camino Hospital
THE HOSPITAL OF SILICON VALLEY

Together, we are supporting and empowering individuals and families to move toward resilience, wellness, and independence.

Our divisions

www.caminar.org