Intensive Outpatient Substance Use Treatment

Services for Medi-Cal Eligible Adults in Santa Clara County

Overview

FCS’s Intensive Outpatient Program (IOP) offers adults experiencing substance use disorders a more intensive level of support than traditional outpatient programs.

Clients receive the clinical support they need to address effectively the overlap of substance use and mental health problems (co-occurring) and a range of life issues within a solution-focused, strengths-based treatment environment.

Culturally-competent treatment services are individualized to the needs of the client.

Services

Service Level: 9 to 19 hours per week

The minimum level of service is 3 hours per day, 3 hours per week.

Location: San Jose

Accessible by light rail and bus. Transportation assistance is available.

Stepping Down: When clients are ready to step down to a less intensive level of care, they may seamlessly transition into our individual and group outpatient services.

Complementary Care: Individual and family counseling services for children and adults

Family violence and abuse prevention

Core IOP Services

- Comprehensive biopsychosocial screening and level-of-care assessment
- Individual treatment planning and review
- Individual and group counseling
- Psychoeducational programming, including relapse prevention
- Case management
- Collateral involvement and counseling
- Transition management and discharge planning
- Resource and referral and assistance navigating systems
- Life skills training

Referrals

To get started, contact our Call Center at 408.538.0880 and request an Intensive Outpatient appointment. Please let us know if you are calling from or were referred by a hospital.

The minimum client age is 18. Clients must live in Santa Clara County and have Medi-Cal.