Clinical Internship Program

Family & Children Services of Silicon Valley, a division of the nonprofit organization Caminar, offers three practicum placements for individuals on the MFT, PhD (Palo Alto site only), LPCC, and MSW tracks, and one for individuals on the CCAPP track.

Mental Health Program

Our Medi-Cal Mental Health Program offers placements working with youth and families in a clinic setting, at our Julian Street office in San Jose. Clients primarily are seen during afternoon and evening hours. Group supervision and trainings are held on Wednesdays. This 20-hour per week placement combines support and structure, with a comprehensive orientation and a full calendar of clinical trainings.

Coordinator: Sarah Kan, MFT - skan@fcservices.org

Positive Solutions Program

Our family violence and abuse prevention program offers placements working in a variety of settings, including domestic violence offender (aka batterer’s intervention) groups, child abuse and neglect parenting classes, group and individual therapy (as part of the CBT Probation Program), and domestic violence survivor services. Groups are based at our North 1st Street office in San Jose.

Coordinator: Stefani Werntz, MFT - swerntz@fcservices.org

Clinical Counseling Program

Interns are trained at the Palo Alto site in the full spectrum of clinical issues and see a variety of cases, ranging from children to elderly populations. In our school-based program, interns provide on-site counseling at Palo Alto elementary schools.

Coordinator: David Sitzer, Ph.D. - dsitzer@fcservices.org

Substance Use Disorder Treatment Program

Interns begin with exposure to a lower level of care through our outpatient treatment services and upgrade to exposure to a higher level of care through our intensive outpatient treatment and partial hospitalization services. Placements are primarily in San Jose and services are offered primarily on weekdays.

Coordinator: Jerry Carrera, LAADC-CA - jcarrera@fcservices.org
Approach to Clinical Training

The overriding philosophy of the clinical training program is to provide a comprehensive, well-rounded clinical training regimen that trains individuals to appropriately manage and treat a wide range of clinical issues, ranging from anxiety and depression, trauma, substance abuse, personality difficulties, relationship problems, family issues and issues pertaining to children.

Interns are encouraged to draw from several disciplines as they develop their own theoretical orientation. To ensure the quality and breadth of clinical training, interns are required to participate in weekly individual and group supervision, and in clinical training seminars.

Selected interns are expected to sign a contract prior to the beginning to the internship, agreeing to abide by the legal and ethical regulations of their discipline. Interns are responsible for maintaining compliance with all school requirements and appropriate and timely submission of documentation required for licensure.

How to Apply

Please email your resume to the Coordinator for the program of interest to you.

If you are unsure to which program you would like to apply, feel free to reach out to the Coordinators with questions.

We will be contacting applicants for interviews during the months of January, February, and March for placements that begin in the Fall. Placements run for one year, generally September to August. (Timeframes may vary slightly by program.)

About FCS

In January 2017, FCS became a division of Caminar. Our combined nonprofit organization reaches more than 20,000 people annually in five Northern California counties: Santa Clara, San Mateo, San Francisco, Solano, and Butte.

The FCS division has served Santa Clara County’s communities since 1948. FCS’s prevention, treatment, and wellness and recovery services include individual and family mental health care, substance use treatment (full ASAM outpatient continuum), family violence and abuse prevention, on-campus counseling and family support services, mental health services for children and adults who are Deaf/Hard-of-Hearing, services for LGBTQ communities (LGBTQ Youth Space; LGBTQ Wellness), and Blackbird House, a peer-run respite home for adults experiencing or at risk of a mental health crisis.

We have offices in Palo Alto and San Jose and bring services to dozens of community-based locations, including schools, jails, courthouses, and clinics. Learn more at www.fcservices.org.