A safe place for Santa Clara County adults at-risk of a mental health crisis to stabilize and recover wellness

Guests have a few nights to rest and access 24/7 non-judgmental support from trained peers who have lived experience with mental health challenges.

While staying with us, guests may choose to take part in a menu of supportive services, such as mindfulness exercises, music appreciation, arts and crafts, and guided meditation. Guests also may receive assistance to create plans to promote their wellness and to connect with community resources.

During their stays, guests have time, space, and support to turn what could be a crisis into a time of learning and growth.

Who can stay at Blackbird House?

Guests must:
- be 18 years of age or older,
- be residents of Santa Clara County,
- have a housing plan for after checkout, and
- have full Medi-Cal benefits, be eligible for Medi-Cal, or have no health coverage.

Guests are not required to be receiving services through the mental health system.

We welcome people of all genders and sexual orientations.

For more information or to arrange a stay, please contact us:

Phone 408.292.2777
Email BlackbirdHouse@fcservices.org